



9 March 2021

## YEAR 8 CAMP INFORMATION Monday 10 May - Wednesday 12 May 2021

Dear Parents/Caregivers

As you are aware last year's Year 7 Orientation Camp was cancelled due to COVID. We are pleased to advise that the camp has been rescheduled to take place in May this year.

The first year of high school for your student was a period of great change. For many, their experience transitioning from primary to secondary school has already influenced their future academic success.

The Henry Kendall High School Orientation Camp is designed to address a number of key areas by providing the following opportunities:

- Peer bonding among students
- Enhance student and teacher relationships
- Enhance confidence and self-esteem
- Experience a range of adventure activities in a safe yet challenging environment
- Foster teamwork, communication and collaboration

Camp is for three days and two nights and students will be accompanied by Year 10 and 11 Peer Support Mentors.

Students not attending camp are expected to attend school for the three days.

In this information package you will find:

- Gear checklist.
- Camp Guidelines and Rules.
- Camp Medical Form. This form is strictly confidential and must be returned to the Front Office with permission note. **All sections** must be completed. The second page must be **initialled** by the parent/caregiver in each section.

<b>Venue</b>	<b>The Great Aussie Bush Camp</b> , 38 MacKillop Road, Kincumber South
<b>Depart</b>	<b>Mon 10 May 8:45am</b> Students to assemble in D Block area (with their gear) <b>9:00am</b> Bus departs from school for camp
<b>Return</b>	<b>Wed 12 May 12:10pm</b> (approx) Bus returns to school. <b>Sausage sizzle for lunch at school.</b> <b>1:00pm</b> <b>Students may be collected by parent or guardian at 1:00pm.</b> <b>Students not collected at 1:00pm pick-up <i>must</i> stay at school - they will be supervised for the remainder of the school day.</b>
<b>Essentials</b>	Pillow and sleeping bag. Other requirements are listed on the gear checklist. An extra towel and change of clothes (in case of wet weather) + plastic bags for wet clothing.
<b>Labelling</b>	Please ensure <b>all items are clearly marked with your child's name.</b>
<b>Devices</b>	Electronics of any form (eg gaming devices) <u>are not permitted.</u>
<b>Phones</b>	Mobile phones taken to camp remain the sole responsibility of the student.
<b>Medication</b>	Henry Kendall High School staff will administer medication required at Camp. Please bring medication to school on Monday 10 May in the original packaging and in a zip-lock bag clearly labelled with your child's name and dosage. <b>Medication must be handed directly to Mrs Hogan prior to leaving the school.</b>



**Supervisors** Students will be supervised and accompanied by Henry Kendall High School teaching staff.

**Cost** \$300 cost for Camp covers *all* meals, cabin style accommodation and transport.

**Payment** *Option 1* Payment in full \$300.00 by Friday 23 April 2021  
*Option 2* Payment in instalments #1 \$150.00 by Friday 26 March 2021  
 #2 \$150.00 by Friday 23 April 2021

**Payments to be made - on-line** via the MAKE A PAYMENT tab on the school's website, or  
 - at the **school office**.

**Camp must be paid for in full in order for your child to attend.**

We are looking forward to an exciting and rewarding camp. Any concerns or queries should be directed to Mrs Karen Hogan or Mrs Donna James.

Should you require additional information please contact the school.

Yours faithfully

Mr Andrew Backhouse  
**Principal**

Mrs Karen Hogan  
**Year 7 Adviser**

**YEAR 8 CAMP INFORMATION - Monday 10 May - Wednesday 12 May 2021**  
*Please return this note with payment to the front office by Friday 26 March 2021*

I hereby consent to (student's name) \_\_\_\_\_ in Year \_\_\_\_\_ participating in the Year 8 Camp on Monday 10 to Wednesday 12 May, 2021.

I give permission for photographs to be taken and published in the school's newsletter and/or school website  YES  NO

Is your child anaphylactic?  No  Yes - allergic to \_\_\_\_\_

Where will the EpiPen be located on this excursion? \_\_\_\_\_

Special needs of my child of which you should be aware (e.g., allergies, medication – please provide full details):

\_\_\_\_\_  
 \_\_\_\_\_

**My student will be picked-up at 1:00pm** (after lunch) Wednesday 12 May by \_\_\_\_\_

**My student is to remain at Henry Kendal High School until the end of the school day** and will travel home by:

\_\_\_\_\_

Parent/Caregiver name (please print)	Parent/Caregiver signature	Date
Parent/Caregiver contact number	Student's mobile phone number	



# HENRY KENDALL HIGH SCHOOL

## Camp Medical Form

### Student Details

**Student Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
\_\_\_\_\_  
**Date of Birth:** \_\_\_\_\_

### Parent/Carer Details

**Parent/Carer Name:** \_\_\_\_\_  
**Home Phone:** \_\_\_\_\_  
**Work Phone:** \_\_\_\_\_  
**Mobile:** \_\_\_\_\_  
**Medicare Number:** \_\_\_\_\_  
**Private Health Insurance:** \_\_\_\_\_

### First Emergency Contact

**Name:** \_\_\_\_\_  
**Home Phone:** \_\_\_\_\_  
**Work Phone** \_\_\_\_\_  
**Mobile** \_\_\_\_\_

### Second Emergency Contact

**Name:** \_\_\_\_\_  
**Home Phone:** \_\_\_\_\_  
**Work Phone** \_\_\_\_\_  
**Mobile** \_\_\_\_\_

### Doctor Contact Details

**Name:** \_\_\_\_\_  
**Address:** \_\_\_\_\_  
\_\_\_\_\_  
**Phone:** \_\_\_\_\_

Has your child attended a doctor for treatment of any serious illness recently?

Yes

No

If YES, Please give details:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



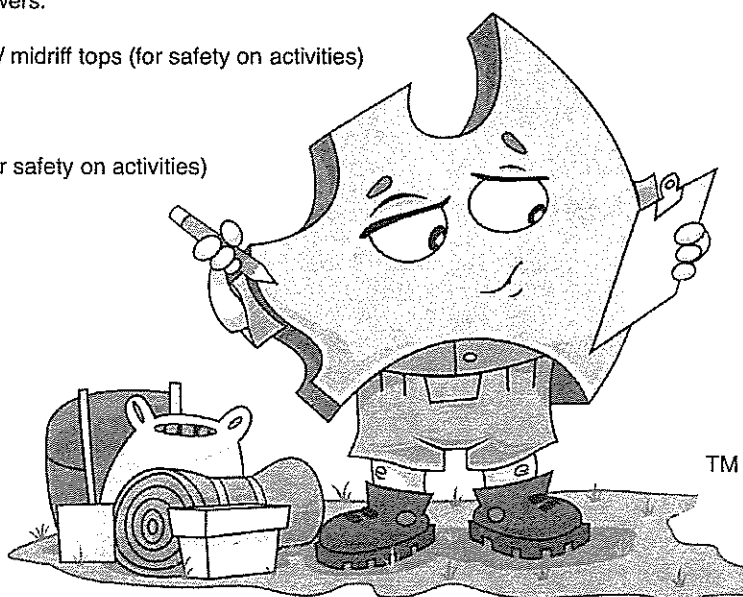
## Gear Checklist - Children (Based on a 3 day camp)

PLEASE CLEARLY NAME ALL ITEMS

MEDICATION NEEDS TO BE GIVEN TO THE ORGANISING TEACHER

It is a good idea for students to pack their own bags so that they can re pack for the trip home.

- Water bottle
- Cup (used for morning/afternoon tea and supper)
- Raincoat (regardless of forecast)
- Hat or cap
- Sleeping bag (extra blanket in winter)
- Pillow
- Sunscreen
- 1 pair pyjamas (tracksuit in winter)
- Day pack (small backpack for water, sunscreen, etc)
- Torch (make sure it works before you leave home)
- Toiletries (including toothbrush!)
- Insect repellent
- 2 pairs of runners (1 old pair for water activities).
- Thongs - only for going to and from showers.
- 3 T-shirts needed, no singlet / tank tops / midriff tops (for safety on activities)
- 3 sets of underwear
- 3 pairs of shorts - NO MINI SHORTS (for safety on activities)
- 3 pairs of track pants
- 2 sloppy joes / windcheaters
- 3 pair socks
- Bath towel
- Beach Towel & swimmers
- Tissues / hankies
- Plastic bags for wet clothes / towel
- Optional - camera, money for souvenirs.



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## Camp Guidelines and Rules

Students should be aware of these Guidelines

- Never leave camp or an activity without permission.
- All activities must be supervised by a teacher and instructor.
- Listen to and follow instructor's guidelines.
- Closed in shoes and hats should be worn at all times.
- Respect male & female areas; enter no room other than your own.
- Respect the natural environment, use bins provided, don't damage the bush.
- No pocket knives, glass, valuables, electronic equipment, or mobile phones are to be brought to camp.
- Do not approach, or attempt to pat the wildlife.
- All accidents / damage to equipment must be reported.
- Wilful damage will be paid for by the individual(s) responsible.
- Do not eat or drink in cabins or dorms.
- No chewing gum to be brought to camp.
- Respect others after lights out. There should be no need to leave your cabin or dorm after lights out.
- Each group is responsible for the ongoing cleanliness of their room.
- To avoid accidents please do not run around campsite areas.
- As a general rule, students will not be removed from activities as punishment. They may be given a 5 minute time out to reflect.
- Allocating extra duties or taking away free time may also be used as behaviour management strategies.
- We may exclude students whose behaviour could result in serious danger or distress to themselves or others. In extreme cases, after consultation with teachers, the parents / guardians may be contacted and the student's will be sent home.

## Health, Safety and Medication

Teachers are to forward to us completed Special Needs Forms and Dietary Forms prior to coming to camp. Teachers are to bring the following forms with them when they attend camp, Medical and Consent Forms and Current medication requirement form.

### Asthma

It is vital that parents / guardians of children who suffer from Asthma provide sufficient information or an Asthma Management Plan. This will enable team members / teachers to take appropriate action in the event of an Asthma attack.

Teachers will dispense any medication as required.

Camp team members have First Aid and Resuscitation certificates.

There is an onsite First Aid Room. For any accidents / sick students we have a Doctor in Kincumber (6 minutes). Nearest Hospital and Ambulance service is Gosford District Hospital (20 mins)



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