



Stage 6 Preparation Program

Dear Parent/Caregivers

6 June 2019

Preparing Year 10 students for entry to Stage 6 study is a challenging and rewarding process. As part of Henry Kendall High School's commitment to improve student performance, a 'Preparation for Stage 6 Program' has been prepared for Weeks 7 to 9 in Term 4.

As a summary the program will offer experiences for the students to improve their skills in the following areas:

- Study skills
- Literacy and Numeracy skills
- Job readiness
- Organisation for transition to Stage 6 Pathway
- Experiencing Stage 6 Taster lessons
- Compulsory welfare curriculum content delivered early
- Project based learning

The program will be delivered as an alternate curriculum structure for Year 10 in Weeks 7 to 9. Compulsory attendance is expected of students as the program will also be finalising Year 10 course outcomes. A summary of the program is attached.

The nature of the program is diverse in course delivery with experiences for students being varied. As a result there is a program fee associated with the included courses. Costing for the course is \$110.00 per student. The cost will cover:

- HSIE Site Study
- Terrigal Beach Excursion
- ELEVATE Study Skills Program
- Resourcing of all Taster lessons and all elective choices. Please note: Taster lessons are lessons being provided to Year 10 students so they can experience subjects delivered in Year 11 in line with their chosen subject pattern selections for 2020. Elective choices are attached.
- Elective choice - please see the attached information sheets.

The school is mindful of these additional costs hence the early time frame for implementation of payments.

First payment of: \$60 due 1 August 2019

Second payment of: \$50 due 5 September 2019

Please complete details over the page and return with the first payment by Thursday 1 August 2019. If photos are taken on this excursion, we require your permission to publish these in our newsletter and website. Please indicate below if you give you permission.

NB No student will attend an excursion or taster lessons/course if the permission note and payment have not been received prior to the excursion date.

Yours faithfully

.....
Andrew Backhouse
Principal

.....
Donna James
Deputy Principal Curriculum

(This excursion is part of the students' learning program and has the Principal's approval)

Please return this note with payment to the Front Office by Thursday 1 August 2019

I hereby consent to _____ (*student's name*) in Year 10 participating in the Stage 6 Preparation for Stage 6 Program for weeks 7 to 9 Term 4, 2019. I understand there is a course fee involved. I also give permission for photographs to be taken and published in the schools newsletter and/or school website. **YES/NO** (please circle)

.....
Parent/Caregiver Name (*Please print*) Parent/Caregiver Signature Date

Is your child Anaphylactic

- No
- Yes

Allergic to: _____

Where will the EpiPen be located on this excursion _____

Does your child suffer from any medical condition?

Give details of any medication your child is currently taking?

Give details of any allergy your child has?

In what year was your child last immunized against tetanus? _____

Medicare Number _____

.....
Parent/Caregivers Name Parent/Caregivers Signature Date

Parent/Caregiver Contact No(s): (on date of this excursion)

Student's Mobile No:

| ELECTIVE | MAXIMUM NUMBER | TIME FRAME | DESCRIPTION |
|---|----------------|------------|---|
| Kayaking | 12 | All day | Students receive instruction about basic kayaking safety and skills then head out on the Brisbane water for a day of kayaking and team building. |
| Band Workshop-Recording Studio | 24 | All day | During this session we will work together to produce a multi tracked demo recording for a band or soloist. Microphone techniques, overdubbing, effects, monitoring, editing and mixing will be explored. |
| Bushwalk | 24 | All day | Experience a great day walking the Katandra reserve in the Matcham Valley. |
| Primary School Sport Workshop | 24 | All day | An all-day experience here students will mentor primary school students in a range of sport activities. A great experience for students who have a love of sport and want to continue development of their coaching and leadership skills. |
| Chef Day | 20 | All day | Become a chef for a day! Learn how to prepare and serve a three course meal. You will be working in the Hospitality kitchen learning skills and experience working as a team. Being in the Hospitality kitchen you will be learning how to use the commercial equipment and then enjoy eating your meal in a cafe situation. You will be given a set of recipes that you can take with you and then recreate your meal at home. |
| Test Your Resilience: <ul style="list-style-type: none"> • Clip'n'Climb • Laser Tag • Boot Camp | 20 | All day | <p><u>Clip'n'Climb</u> - Climbing fun at the Central Coast Leagues Club site. Test your fitness and agility in a safe and fun environment.</p> <p><u>Laser Tag</u> - Lots of fun and strategy.</p> <p><u>Boot Camp</u> - Students will have the opportunity to test themselves through a variety of aerobic and anaerobic activities. The aim of which is to realise our capabilities and overcome the barriers we place in front of ourselves.</p> |
| First Aid | No limit | All day | Basic management of medical conditions and injuries. |
| Pamper Program: <ul style="list-style-type: none"> • Self-defence Course • Makeup Workshop • Yoga Relaxation | 20 | All day | <p><u>Self-defence Course</u> - This course is designed to build students skills in resilience and wellbeing. The course aims to develop student's level of self- control, self-reflection and Self-confidence.</p> <p><u>Makeup Workshop</u> - A 2 hour tutorial on correct every day make-up application. This workshop will offer techniques and new ideas for an everyday flawless and sophisticated look and will build on make-up skills already developed and will also aid girls who are new to the make-up world.</p> <p><u>Yoga Relaxation</u> - This is a beginner's yoga session delivered via DVD filmed on Byron Bay beach. It involves a 20 minute walk through of the basic yoga positions followed by a 30 min class. Not too strenuous and definitely relaxing.</p> |

