HENRY KENDALL HIGH SCHOOL



YEAR 7 - 2024 INFORMATION BOOKLET

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Welcome to Henry Kendall High School! We are looking forward to a wonderful educational journey with you as we assist in making the transition from Primary School to High School as positive as possible. You are very lucky to be part of such a great school with strong academic, social, cultural and sporting values. This is a place you can be your very best self and have amazing choices for the next stage in your life's journey. In order for everyone to reach their goals we all work together in the spirit of cooperation, acceptance and perseverance.

The following booklet contains lots of important information about your new school and you will use it as a reference point when you need clarification around many new things.

If you need to contact the school: Phone: 02 4325-2110 Email: henrykenda-h.school@det.nsw.edu.au

Our school is named after the Australian poet Henry Kendall (1839-1882) who lived in the Gosford area and wrote many poems about his connections to this landscape. Our red sport house is name after Henry's daughter, Araluen.



By channels of coolness the echoes are calling, And down the dim gorges I hear the creek falling: It lives in the mountain where moss and the sedges Touch with their beauty the banks and the ledges. Through breaks of the cedar and sycamore bowers Struggles the light that is love to the flowers; And, softer than slumber, and sweeter than singing, The notes of the bellbirds are running and ringing.



YEAR 7 2024 - Deputy Principal, Years 7, 9 &11 Mr Gareth Wright

Welcome to Henry Kendall High School! My name is Gareth Wright and I am the Deputy Principal for Year 7, 9 & 11.

I have been a classroom teacher since 2007 and was originally appointed to Henry Kendall High School in 2018 as Head Teacher PDHPE. More recently, I was appointed Deputy Principal, and I am excited to support all of you on your educational journey.

As a Deputy Principal my role is to ensure that you are safe and have opportunity to maximise your learning potential in whichever subject area interests you.

I will be your Deputy Principal for the next six years and look forward to getting to know each and everyone of you.







YEAR 7 2024 - Year Adviser, Mrs Kostalas

Welcome Year 7 to Henry Kendall High School! My name is Mrs Kostalas and I will be your Year Adviser from 2024.



I teach Business Studies, Legal Studies and Retail Services (VET) at Henry Kendall and I am very passionate about these subjects. If you need me for anything you can find me in the HSIE Staffroom, which is located in D Block.

My job as your Year Adviser is to be your support person in your exciting new journey through high school. Whenever you need some help, need to ask a question, or just need a chat, my staffroom door is always open. I am here to take care of your welfare and wellbeing, and also to act as a contact person for your parents and caregivers if they need some feedback about how you are making progress. I understand that any significant change, like starting high school can be daunting. Make sure you remember that I am here to give you advice and support you wherever possible.

I am very proud to be part of Henry Kendall High School, and I know that we strive to look after all of our students. I am excited for you as you begin your high school journey. Together we can make sure you make the most out of your time here.





FROM THE PRINCIPAL



Mr Andrew Backhouse

Year 7 2024 - It is my pleasure to welcome you to Henry Kendall High School. This will now become a bit of a second home for you over the next six years and I am very excited about sharing this stage of your educational journey with you.

Year 7, 2024 - Year 12, 2029. Isn't that amazing to think about?

In six short years you will be finished school. Six years sounds like a long time, but let me assure you it will go in the blink of an eye.

Time goes quickly, and once gone, you cannot get it back. Therefore, don't waste the next six years at Henry Kendall – make the most of every opportunity, every experience, every friendship.

Henry Kendall High School is a great school. Henry Kendall is a school where you will discover things you don't even know about yourself right now. You may find that you are a brilliant mathematician, a creative writer that can tell the most thought provoking stories or a scientist that will dazzle the world with a new invention that none of us know about yet. Or you may discover that you have qualities that other people trust and want to follow; or that you are someone that relates to others naturally and are a good listener. Perhaps your inner artist or musician may flourish; or your athletic prowess shines.

In high school all these things are possible and much more. You will make new friends that will share your future with you but most of all you will learn that you are so much more than what you believe about yourself right now. You will be changed in the most profound ways and even your parents will be amazed at all the talents they never knew you had. Every day you will be challenged and encouraged to go beyond your comfort zone because that is where you truly learn what you're made of.

Our school motto is to "Persevere". This means two things for me;

- to cherish success, and to always believe that no-matter what you have achieved today, you can achieve even more tomorrow;
- It also means that you don't give up; you always have a go and you believe in yourself.

That is a big part of high school. Year 7, you won't always get it right and that's ok. What is important is that you always try and that you believe that you can, even if it takes you a while. Making mistakes is actually an important part of life and of learning – because they make you stronger and more resilient. Mistakes teach you to persevere, to problem solve and to look at challenges from a different perspective. We want every one of you to be successful, but we also know that mistakes are ok as long as you are always trying.

In the years to come, you will be sad when you leave this school but your happiness will be greater because you will be certain you are going into the world with all the tools you need to succeed in this amazing thing we call life. Henry Kendall will become your second home where our teachers and support staff assist you and guide you through the questions and are always here to help.

But this will only happen if you don't waste time. Always remember to grab each opportunity that this school will provide. Rise to each challenge then think what else can I do? Push yourself beyond that limit you may believe in right now. Throw questions out there to your teachers and your peers and I assure you they will be answered. And promise me every day that you will stay curious because curiosity takes you on the most amazing journey.

This wonderful school is about opportunities for you. It is your school – make the most of it. And that means making the most of every day at Henry Kendall High!

Mr Andrew Backhouse PRINCIPAL



FROM THE CAPTAINS

Ava Trundle and Utsav Sapkota

School Captains 2024

We would like to congratulate all of you on finishing primary school! We cannot wait to meet all of you and welcome you to Henry Kendall High School. We know some of you are feeling a little uneasy about coming to a new school, with people you have not



met before, but we want to assure you that you are going to make 6 years of memories and relationships. It may seem like friendships and classes may not fall into place right away, but connections will continue to grow right up until the day you leave the school for the last time. We urge you to be active amongst your year group and participate in opportunities out of your comfort zones. It may seem daunting at the time, but we can promise you that it pays off. Although navigating friendships, new environments and taking on new responsibilities may be intimidating, Henry Kendall has many warm and passionate students and teachers who are looking forward to working with you and are more than happy to give a helping hand when you need it.

Henry Kendall is a community where you will become more self-assured and mature as a person by learning about your strengths, overcoming your weaknesses, and developing socially. Our school prides itself on students' passions and hobbies and has countless opportunities and groups that represent individual's interests. Whether it's performance opportunities and events for those who love music, sporting teams and events for those who love sport, competitions and classes for those who love visual arts, and so much more. Not only that, but our school also runs multiple clubs so you can get to know other students who share your interests and passions. These include debating club, chess club, drama club and creative writing club to name a few.

Another connection group our school is proud of is the FIERCE group, which is a safe place for discussion and action to be taken regarding any issues that wish to be raised. The existing members encourage the girls to pay a visit and they look forward to meeting you.

The Student Representative Council is also an amazing opportunity to learn new skills and step outside of your comfort zone, while being able to have a say in the school's community and initiatives.

It feels like yesterday we were starting year 7 and can guarantee that the time will fly by. From two students who are approaching the end of high school, we can say proudly that many of our memories were made on Henry Kendall's school grounds. We cannot wait to meet your and welcome all of you to our school next year.

STUDENT SERVICES

Student Services can be found at the bottom of the library. It is a team of teachers who provide support for students. It is a safe place for all students to visit when some extra help is needed. This includes:

- Learning support extra assistance is available for students with learning disabilities.
- **Monitoring health care plans** these plans are created for students with Diabetes, Asthma, Anaphylaxis and any other condition or illness that requires monitoring.
- **Counselling** -we have an experienced counsellor at school every day. A referral can be made by a student or their parents.
- **Careers and transition advice** this helps students create resumes, find part-time work, organise work experience opportunities and move into full-time employment and/or apprenticeships.
- **Time-out** for any student unable to cope in class for personal reasons.
- English as a Second Language learning support.

The key Student Services staff are:

- Head Teacher Student Services Mrs Hoole
- Learning and Support Teacher Ms Wilkinson, Ms Fitzgerald, and Ms Lamont (Monday and Tuesday)
- Year Adviser Mrs Kostalas
- School Counsellors Ms McCormack, Ms Chivers and Mr Holland
- English as an Additional Language- Mr Fabila
- Student Support Officer Mrs Gould and Miss Walton
- Student Learning and Support Officers (SLSOs) Mrs Coote, Mr Burke, Miss Callaghan, Ms Walton, Miss Kirby, Miss Moir and Mr Gunn

All students are encouraged to use the support that Student Services provides. If you need help and are not sure what to do, ask your Year Adviser, Mrs Kostalas. She can make a referral to the Student Services team.

Sometimes a student's personal problems may affect their classwork and behaviour at school. It is always better to discuss the situation privately with the School Counsellor or a member of Student Services. Students can self-refer to the Counsellor by completing a slip on the counsellor's door. Parents may also ring the school counselling team or Mrs Kostalas if they have concerns about their child.

LEARNING AND SUPPORT TEACHER

The Learning and Support Teachers, Ms Wilkinson and Ms Fitzgerald are available to aid students with learning difficulties and disabilities. Student Services has gathered individual transition information on every student from our primary schools. We know some students need extra help and that help will be given immediately.



If I am sad and need help I can see...



Mrs Hoole is the Head Teacher Student Services. Student Services is a place where you go if you:

- Have no food at school •
- Have problems at home
- Need to talk
- Need some timeout
- Need learning support

You can find Student Services at the bottom of the library.



Mrs Kostalas is your Year Adviser. She is the first person you should go to if you have a You can find problem. Mrs Kostalas in the HSIE Staffroom (E Block).

WHO IS HERE TO

SUPPORT ME AT HENRY

KENDALL HIGH SCHOOL?



Mr Holland is one of our school counsellors. You aet counsellor can а referral form from the counsellor's door, the front office or Student Services.



Problems with classwork and in the classroom





Mr Wright is your Deputy Principal. He is here to help you with more serious issues that you may have. You can find Mr Wright in A Block near the front office.





If you are in our Special Education Unit you will be seeing a lot of Mr Yates and his assistant, Poppy! Mr Yates is the Head Teacher Special Education and he can be found in the Special Education Staffroom in F Block



Ms Selsby is the school's Anti-Racism Contact Officer (ARCO). She can be found in COOINDA at any time. If you have a problem or hear of any racist comments, Ms Selsby is the person to talk to.





SCHOOL INFORMATION

ASSEMBLIES

Year 7 to 12 have combined assemblies each morning at roll call in the MPC (Monday to Thursday). Each Friday a year assembly is held for each year group.

ATTENDANCE

Regular attendance at school is essential to gain maximum benefit from schooling.

If a child is absent without an explanation, a text message will be sent advising the Parent/Caregiver that their child is absent from school. The Parent/Caregiver can reply via text or phone the school on 4325 2110. To avoid being sent a text, you may phone the front office that morning to advise of your child's absence. If you do phone or text the front office a written note is not required.

Alternatively in the event of an absence an explanation, written and signed by the Parent/Caregiver should accompany the student on their return to school (within 5 days). The note must contain:

- Student name
- Year and Roll Call group
- Date/s of absence
- Reason/s for absence
- Signature of Parent/Caregiver

Please note: If the absence isn't explained within 5 days, we are unable to modify the absence and it will be recorded as unexplained.

ROLL CALL

Rolls are marked each morning in alphabetical year groups or class groups. During Roll Call time the teacher marks the roll; absentee notes are recorded; the daily news delivered; and on occasions Student Representative Council business is undertaken.

FRONT OFFICE

See the front office if you:

- Require a pass out/late arrivals (written notes need to be handed to the office before roll call)
- Are feeling unwell or hurt
- Are making payments for excursions, fees etc
- Take medication

SCHOOL COMMUNICATIONS

Communication is through

- Assemblies
- Newsletter
- Facebook page
- Website
- Year Advisers

HOUSE SYSTEM

Students are allocated to Houses according to the first letter of their surname. There could be minor variations depending on the distribution and numbers of students.

HOUSE	LETTERS	COLOUR
Araluen	A - D	Red
Corumben	E - K	Blue
Narara	L - R	Gold
Warrigal	S - Z	Green

Each House has a male and female House Patron. The House system is the basis of sport carnivals and events, and Student Council organisation.

LIBRARY

The Library is open every day from 8:00am - 3:10pm. This gives students the opportunity to use the Library facilities before school and during recess and lunch breaks. The Library has a variety of resources including books, magazines and computers. All computers have access to the Internet, Microsoft Office and a number of other programs. Reading for pleasure is encouraged and the Library offers a broad range of fiction titles to appeal to the students.

Photocopying and printing facilities are available for student use.

- Black and white printing or photo copying is from 10c per page
- Colour printing or photo copying is from 60c per page

The Library is staffed by Ms Klein (Teacher-Librarian) and a library assistant. The Library strives to maintain a positive and friendly working environment where students have access to a wide range of resources and have the opportunity to develop and expand their knowledge and skills.

MOBILE PHONES AND VALUABLES

Henry Kendall High School supports the restriction of mobile phones in accordance with the NSW Department of Education: Students' Use of Mobile Phones in Schools policy <u>https://education.nsw.gov.au/policy-management-schools/students-use-of-mobile-phones</u>

All mobile phones, smart watches, headphones, digital music devices, and iPads are required to be turned off and placed in a locked pouch for the school day, including recess and lunch. This will mean that students will have a responsibility to turn off their phone, place it in the locked pouch and store it safely in their school bag for the course of the school day.

Students should not bring valuable pieces of property, jewellery, clothing, equipment or personal items to school.

PARENTS & CITIZENS ASSOCIATION

Henry Kendall High School has an active Parents & Citizens group which meet once a term. All parents are welcome. The meetings are held in the Library. The Parents & Citizens Association gives parents the opportunity to learn more about their child's school, play an active role in the educational experience by voicing opinions, helping make decisions and offering their expertise.

SPORT

Sport for Year 7 students is integrated in the whole school sport program on Tuesday afternoons after Term 1. Sport notes are sent home at the end of each term for sport selection for the upcoming term. Sports uniform must be worn - school sports polo shirt and black shorts. Students MUST wear appropriate footwear i.e. sport shoes (canvas shoes are not suitable).

STAFF ROOMS

No student is to enter a staff room unless invited to do so by a member of staff.

STUDENT REPRESENTATIVE COUNCIL

Student involvement and participation is an important element of the school's Strategic Plan and to this end we have an enthusiastic SRC. Members are drawn from each year group and they meet regularly under the guidance of Mrs Katey Ellis. The SRC are involved in fund-raising activities; committee membership, supporting student welfare and decision-making processes in the school. The Senior Executive of the SRC meets with the Principal every Wednesday morning at recess.

TRANSPORT TO AND FROM SCHOOL

Arrival/Departure, Buses and Travel Passes - The school playground is unsupervised before school. Wherever possible parents are asked to see that students do not arrive at school before 8.15am.

Students must not join or leave buses in town, and must proceed directly to and from school unless parental permission to alight at some other point is given in writing. Students must assemble in an orderly fashion inside the school grounds before joining the buses at the end of the day.

All students are to remain at school after arriving by bus in the morning. They are not to go to the railway station, shopping centre or any other venue.

TRAVEL PASSES - OPAL CARD

- All students who live 2 km or more from school are entitled to free travel by either bus or train. To complete the application log on to <u>https://transportnsw.info/tickets-opal/ticket-eligibility-concessions/school-student-travel</u> Your Opal card will be sent to the address provided on the application.
- 2. Those travelling at least 1.61 km by car to the bus stop can apply for conveyance subsidy. To apply online and see full terms and conditions visit <u>www.transport.nsw.gov.au</u>
- 3. Decisions on whether students receive a bus or train pass are made by Transport NSW, not the school.

MON/V	VED/THUR/F	RI
PERIOD		
Roll Call	8.55	9.10
1	9.10	10.10
2	10.10	11.10
Break	11.10	11.40
3	11.40	12.40
4	12.40	1.40
Break	1.40	2.10
5	2.10	3.10

BELL TIMES 2024

т	JESDAY	
PERIOD		
Roll Call	8.55	9.10
1	9.10	10.10
2	10.10	11.10
Break	11.10	11.40
3	11.40	12.40
Break	12.40	1.10
Sport	1.10	3.10

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CREATIVE AND PERFORMING ARTS

Creative and Performing Arts

The Creative and Performing Arts Faculty at Henry Kendall High School is extremely diverse, comprising outstanding Music, Visual Arts and Photography programs. The programs are delivered by highly experienced, progressive and innovative teachers who are dedicated to providing exciting opportunities for students to develop their expressive and creative potential. We provide an inspirational and nurturing environment in which students can explore the varied aspects of creative arts as both lifelong passions and interest and a potential career choice. Henry Kendall High School caters for all students including our Stage 4 Academic Stream, English as a Second Language and Gifted and Talented Students. We run specifically designed and tailored Music and Visual Arts programs within our Special Education Unit ensuring that all students engage with the Creative and Performing Arts. We now have a Henry Kendall CAPA Facebook page which contains all kinds of information, opportunities, events and other happenings going on in our wonderful faculty. lf you would like to stay informed. head to www.facebook.com/HKHSCAPA and 'LIKE' our page.

Music

Our Music program is forging ahead with a strong focus on Contemporary Music and Music Technology. We explore a range of instruments as part of an ensemble eg. percussion, keyboard and guitar. Our Music classrooms are set up to be able to record multi-track student performances using industry standard equipment and software. We utilise a range of technological devices to maintain a safe and efficient rehearsal environment including silent classroom headphone mixers and electronic drum kits. We have regular concerts and other performance opportunities at school as well as at external venues including Laycock Street Theatre. We also run a peripatetic instrumental program within school hours which provides students with one-on-one instrument or vocal lessons with a professional instructor. Our classroom program provides an opportunity to extend into the extra-curricular programs including Henry Kendall High School Stage Band and small performance ensembles. We continue to develop new opportunities in the music industry including links with production and recording.

Photography

We have a strong and highly successful Photography program running at Henry Kendall High School. Our highly trained teachers guide students through all the functions of analogue and digital photographic cameras. Students gain experience of developing photos in a dark room as well as learning the ins and outs of digital manipulation and preparation utilising industry standard software and hardware. Students are given the opportunities to try their hand at trick and special effect photography with wonderfully entertaining results. In addition to classroom curriculum, we encourage students to become involved capturing the events and environment of and around Henry Kendall High School.

Visual Arts

Our Visual Arts program provides students with the opportunities to develop their creative flair and practical skills in art making across a wide range of mediums. Stage 4 Visual Arts incorporates drawing, painting, sculpture, photography, clay work, multimedia, graphics, collage, charcoal and many other formats of art making. Stage 5 and Stage 6 Visual Arts steers students into a more advanced multimedia approach, encouraging them to experiment with each format, sometimes within the same project.

SPECIAL EDUCATION CENTRE

The Special Education Centre caters for students with disabilities. Students have been assessed as autistic or having physical or intellectual disabilities. In some cases students are multi-disabled. Many of the students are integrated into mainstream. The integration program has proved to be not only of great benefit to students in the Special Education Centre but also develops the maturity and responsibility of mainstream students.

The Special Education Centre is staffed with Special Education teachers, School Learning Support Officers and supported by Area Health Services.

Individual Transition Plans - Each student enrolled in the Special Education Centre will have an Individual Transition Plan (ITP) annually. A meeting will be held with Year 7 students as soon as possible. The purpose of the ITP is to set goals and establish an appropriate program of learning in order to meet the students' outcomes.

Henry Kendall High School Coffee Shop - Students with disabilities operate a Coffee Shop each Friday. The aim of the Coffee Shop is that it is anticipated the skills learnt and developed will reinforce independent living and secondly, experience has shown many jobs are available for those with a disability in the hospitality industry on the Central Coast.

All members of the community are welcome to visit the Coffee Shop. You are required to book beforehand by telephoning the Special Education Unit or by completing a 'Coffee Shop Booking Sheet' that is located in lower E-Block and returning the slip to Mrs Secomb. Your booking will be confirmed as soon as possible. A minimum of six people is required for a booking.



RIGHTS AND RESPONSIBILITIES OF STUDENTS

All students and teachers have the responsibility to respect the rights of other students and teachers.

Right	Responsibility to respect the rights of other students and teachers.
I have the right to be treated with dignity and understanding.	I have the responsibility to treat all others with dignity understanding.
I have the right to be valued and acknowledged as an individual, and to be treated with respect and courtesy.	I have the responsibility to treat others politely and with respect at all times.I have the responsibility to respect the authority of teachers and school community members.I have the responsibility to carry out all teacher instructions.
I have the right to be safe at school, at organised activities and in travelling to and from school.	 I have the responsibility to make the school safe by not threatening, harassing, bullying or hurting anyone in any way, nor engage in illegal or anti- social behaviour. I have the responsibility not to be in possession of or use any illegal drugs (eg. cigarettes, alcohol, drugs) and not to
	influence others to do so.I have the responsibility NOT to bring weapons of any kind to school.I have a responsibility not to leave school grounds without permission and to move around the school and playground safely.
	I have a responsibility to travel to and from school in a safe, community acceptable manner.
I have the right to expect my property to be safe.	I have the responsibility not to steal, damage or destroy the property of others, and to take proper care of my own and the school's property.
I have the right to learn and obtain maximum benefit from all lessons and classes.	 I have the responsibility to be an active member of the school community by taking advantage of the opportunities offered. I have the responsibility to attend school every day, be punctual, attend all classes and co-operate in class and keep up with required work. I have the responsibility not to interfere with other students' rights to learn. I have the responsibility to be prepared for lessons and follow safety rules in ALL courses.
I have the right to have pleasant, clean and well-maintained school and grounds.	I have the responsibility to care for the school environment.
I have the right to expect the local community to support, respect and have pride in the school.	I have the responsibility to co-operate with staff, students and the school community in all activities, including the wearing of the approved school uniform.
I have the right to be helped to learn self-control.	I have the responsibility to learn self-discipline, report abuse and harassment, and to assert my rights in an appropriate way.I have the responsibility to THINK about the consequences of my ACTIONS.
I have the right to make responsible decisions for myself.	In carrying out my rights I will not deny the rights of others and expect to be corrected if I do so.

ALL THESE RIGHTS WILL BE MINE AS LONG AS I AM CARRYING OUT MY FULL RESPONSIBILITIES

SCHOOL RULES

RESPECT YOURSELF, YOUR TEACHER AND YOUR CLASSMATES

- Speak to others politely.
- Use appropriate language, no harassment, put downs, or name calling.
- Participate in class and complete all set work to the best of your ability.
- Listen when required, answer when asked for.
- Follow teacher instructions in all school settings.

RESPECT YOUR PROPERTY AND THE PROPERTY OF OTHERS

- Make sure you have the correct equipment for the lesson.
- Only use electronic equipment (mobile phones, ipods, ipads etc) when directed by the teacher. At all other times they should remain switched off and in your bag.
- Treat your property, school property and other students' property with respect.

RESPECT PEOPLE'S RIGHTS TO BE SAFE AT SCHOOL

- Observe our school's 'No Touch' policy.
- Move around the school with consideration for others.
- Follow safety directions in the classroom and playground.
- Only leave the school grounds if you have written permission and have signed-out.
- Resolve conflict without violence.

RESPECT YOUR SCHOOL

- Wear the full school uniform in an appropriate manner at all times.
- Be punctual and be where you are required to be at all times.
- Hats are not to be worn inside and eating in classrooms/MPC is not allowed.
- Leave rooms and the playground clean and tidy, be responsible for your rubbish and use the garbage bins.



Artwork by: Hailey Brien Year 12 - 2023

UNIFORM POLICY

Uniforms are available from LOWES Gosford.

JUNIOR BOYS

- White shirt button up cotton or polo style with school crest
- Black shorts or black trousers
- Black fleece jacket or jumper with school crest
- HOODED JUMPERS ARE NOT
 PERMITTED
- White ankle socks
- Black leather enclosed school shoes

SENIOR BOYS

- Lemon shirt button up cotton style with school crest
- Black shorts or black trousers
- Black Jacket with school crest <u>or</u> optional senior jersey/jacket
- HOODED JUMPERS ARE NOT
 PERMITTED
- White ankle socks
- Black leather enclosed school shoes

JUNIOR GIRLS

- White blouse button up cotton with school crest
- Henry Kendall High School tartan skirt
- Black tailored slacks/black tailored shorts no jeans, detail, splits, studs, flares, pinstripes, belts, leggings or tracksuit pants
- Black stockings
- Black fleece jacket or jumper with school crest
- HOODED JUMPERS ARE NOT
 PERMITTED
- White ankle socks
- Black leather enclosed school shoes

SENIOR GIRLS

- Lemon blouse button up cotton style with school crest
- Henry Kendall tartan skirt
- Black tailored slacks/black tailored shorts no detail, splits, studs, flares, pinstripes, belts, leggings or tracksuit pants
- Black stockings
- Black Jacket with school crest or optional senior jersey/jacket
- HOODED JUMPERS ARE NOT
 PERMITTED
- White ankle socks
- Black leather enclosed school shoes

SPORTS UNIFORM – ALL Years

- Black shorts with school crest(black track pants in winter only)
- Sport polo shirt with school crest
- Joggers
- White socks
- Micro fibre black tracksuit, gold trim

Coloured board shorts ARE NOT ALLOWED

JUMPERS / JACKETS

Jumpers and jackets are available from Lowes, Gosford. A school emblem should be on these items. Jumpers need to be plain and without stripes, dots or other prints, eg (patterned and brand named prints are popular, however these are not an appropriate standard of dress in line with the Department of Education Core Rules).

HOODED JUMPERS AND JACKETS ARE NOT TO BE WORN UNDER ANY CIRCUMSTANCES

UNIFORM POLICY (continued)

SHOES

Many subjects in school are practical. Work Cover states that shoes need to be fully covered on the top to protect the feet from accidents like chemical spills, falling tools and other accidents. These need to be plain black fully enclosed leather /leatherette. Canvas or ballet / Mary-Jane style shoes are not permitted.



WORKBOOKS AND TEXTBOOKS

TEXTBOOKS

Textbooks are provided on loan to students and must be returned when the class has finished with them or if the student is leaving the school. Lost/damaged textbooks must be replaced or payment to the value of the book made to the school.

BOOKS & EQUIPMENT REQUIRED BY YEAR 7 STUDENTS 2024

	Qty	Exercise books & equipment
English	2	128 page A4 binder exercise book
Science	2	128 page A4 binder exercise book
Mathematics	1	196 page grid book
History	1	128 page A4 binder exercise book
Geography	1	128 page A4 binder exercise book
Language	2	128 page A4 binder exercise book
PDHPE	1	128 page A4 ruled book with staples
Music	1	128 page A4 binder exercise book
Technology	1 1 pr	8 to 16GB USB stick Leather enclosed shoes for practical lessons
Visual Arts	1	Visual Arts Process Diary A4 (minimum size)
Aboriginal Studies	1	120 page A4 Art Journal
Applied Learning	4	128 page A4 binder exercise book

Students will need all books and equipment for the start of the school year. All books need to be labelled and covered.

Other equipment

- Pens, HB lead pencils, scissors, glue stick, sharpener & eraser
- Plastic ruler
- Compass & set squares
- Coloured pencils & markers
- Highlighters x 2
- 2B lead pencils
- Fine black felt-tip pen
- Book labels (adhesive)
- Correction tape (not fluid)
- Scientific calculator (available at school office \$25)
- A4 20-sheet display folder x 5

Tuesday Sport & PDHPE Uniform

- Henry Kendall High School PE Shirt/Sport polo
- Henry Kendall High School black short with school crest
- Plain black tracksuit pants
- Appropriate exercise shoes (joggers are recommended
- Sun hat
- Water bottle



BUS TRANSPORT AFTERNOON PICK-UP

Bus timetable subject to change during the year



CANTEEN

Henry Kendall High School Term 1

WRAPS	
Creamy Chicken & Herb Mayonnaise, Avocado & Baby Spinach Panni	6.00
Cheese & Herb Mayonnaise, Avocado & Baby Spinach Panni	6.00
Salad Wrap/Roll	6.00/5.00
Choice of Chicken, Ham, Tuna Mayo, Cheese, or Egg Mayo (All served with Tomato, Cucumber, Lettuce, Grated Carro	t & Mayo)
Chicken Caesar Wrap (Poached Chicken, Bacon, Egg, Parmesan, Lettuce & Caesar Dressing)	6.00
Chicken Schnitzel Wrap (Bread crumbed Chicken, Lettuce & Mayonnaise)	6.00
BLAT Turkish (Bacon, Lettuce, Avocado & Tomato Toasted Turkish)	6.00
All Day Value Pack	14.00

(Chicken Schnitzel Wrap, Popcorn, Cookies, Apple & Water)

SALADS

2

Chicken, Bacon & Avocado Pasta Salad (Mon, Wed, Fri) (Poached Chicken, Penne, Bacon, Avocado, Baby Spinach, Sweetcorn, Fresh Herbs and Mayo)	6.00
Chicken Rainbow Salad (Tues & Thurs)	6.00
Chicken Caesar Salad (Poached Chicken, Bacon, Egg, Lettuce, Parmesan Croutons & Caesar Dressing)	6.00
Greek Salad (Feta, Tomato, Cucumber, Lettuce, Olives Spanish Onion & Balsamic Dressing)	6.00

SNACKS ·

ormorito	
Chocolate/Blueberry Muffin	4.00
Fruit Salad Pot	3.50
Ham & Cheese Toasted Wrap	3.50
Tandoori Chicken & Cheese Toasted Wrap (Mon, Wed & Fri)	3.50
Chicken, Cheese & Pesto Toasted Wrap (Tues & Thurs)	3.50
Cheese and Bacon Roll	3.50
Cheese and Vegemite Scroll	3.50
Red Rock Chips (Sea Salt & Honey Soy)	2.50
Grain waves	2.50
Popeorn	2.00
Watermelon Slice	2.00
Apple	2.00
Cookie of the Day	1.50

DRINKS -

0ak Flavoured Milk 600ml/300ml (Chocolate, Strawberry, Iced Coffee)	5.00/3.50
Liptons Iced Tea (Passionfruit, Peach, Mango, Raspberry)	5.00
East Coast Juice 400ml (Apple, Orange, Lemonade)	5.00
Waterfords (Passionfruit, Blackcurrant, Raspberry)	4.50
Fruit Bombs (Grape, Watermelon, Orange Passio)	4.00
Up & Go (Chocolate /Vanilla/Strawberry)	3.50
Water 600ml/1.5L	2.50/4.00



Henry Kendall High School Term 1

MONDAY	DAILY SPECIAL
Slow Cooked Pulled Pork & Aioli Coleslaw Pa	anni 6.00
TUESDAY	DAILY SPECIAL
Beef Nachos with Salsa	6.00
WEDNESDAY	DAILY SPECIAL
Chicken & Cheese Loaded Garlic Bread topped with Aioli	6.00
THURSDAY	DAILY SPECIAL
THURSDAY Butter Chicken Burrito	DAILY SPECIAL
Butter Chicken Burrito	
Butter Chicken Burrito	6.00 DAILY SPECIAL
Butter Chicken Burrito FRIDAY Moroccan Chicken, Cheese & Baby Spinach	6.00 DAILY SPECIAL
Butter Chicken Burrito FRIDAY Moroccan Chicken, Cheese & Baby Spinach Toasted Turkish	6.00 DAILY SPECIAL
Butter Chicken Burrito FRIDAY Moroccan Chicken, Cheese & Baby Spinach	6.00 DAILY SPECIAL
Butter Chicken Burrito FRIDAY Moroccan Chicken, Cheese & Baby Spinach Toasted Turkish	6.00 DAILY SPECIAL

Chicken Tenders	5.00
Minced Beef Pie /Potato Pie	5.00
Sausage Roll	5.00
Potato Gems (Mon/Wed/Fri)	4.00
Potato Wedges (Tues & Thurs)	4.00
Vegetarian Spring Rolls	4.00
Spinach & Ricotta Triangles	4.00
Garlic Bread	3.50

RECESS SPECIALS -

MONDAY Cuban Chicken Slider [Chicken, Swiss Cheese, Lettuce and Spicy Mayonnaise]	4.00
TUESDAY Homemade Sushi Pack (Chicken Schnitzel/Cucumber)	5.00
WEDNESDAY Pesto Pasta Salad Pot (Penne, Baby Spinach, Sun Dried Tomatoes, Parmesan & Pesto Mayonnaise)	4.00
THURSDAY Pepperoni Pizza Vegetarian Pizza (Tomato, Pineapple, Baby Spanish, Olives, and Spanish Onion)	4.00
FRIDAY Chicken Special Fried Rice Pot (Chicken, Carrot, Sweetcorn, Peas, Onion & Soy Sauce)	4.00
BREAKFAST	
Ham & Cheese Toastie	4.50
Cheese & Tomato Toastie	4.50
Chocolate/Blueberry Muffin	4.00
Banana Bread	4.00
Hash Browns	3.50
Ham & Cheese Toasted Wrap	3.50
Fruit Salad Pot	3.50
Cheese and Bacon Roll	3.50
Cheese and Vegemite Scroll	3.50
Watermelon Slice	2.00
Apple	2.00



Open Monday, Wednesday, Thursday & Friday 8.30am – 2.10pm Tuesday 8.30am – 1.10pm

